



On Nurse Manager Training: Increase Nurse Retention and Reduce Burnout

Empower Nurse Managers. Improve Retention. Reduce Burnout.

The Challenge: Nurse burnout and turnover are at crisis levels. The Joint Commission and Surgeon General recommend evidence-based interventions based on our leading science - the Self-Determination Theory (SDT) framework—to create a supportive work environment that fosters **autonomy, mastery, and belonging**.

The Solution: Our **On-Demand Nurse Manager Training** equips managers with the tools to support their teams, reduce burnout, and enhance retention—all in **short, actionable lessons** designed for busy leaders.

What Makes It Different?

- ✓ Developed by the creators of SDT and veteran nurses
- ✓ Engaging, science-backed strategies (650,000+ studies)
- ✓ Quick, practical video modules (5-mins)
- ✓ Interactive exercises & toolkits for immediate impact
- ✓ ANCC-accredited: Earn **4.25 CE credits**
- ✓ Live expert sessions + bonus exercises for real-world application



Managers Will Learn How To:

- ✓ Motivate staff effectively—without outdated methods
 - ✓ Foster accountability & team well-being
 - ✓ Handle burnout, workplace incivility & tough tasks
 - ✓ Optimize team huddles, difficult conversations, & goal-setting
 - ✓ Use rewards strategically for long-term engagement
- ◇ **Results?** Reduced burnout. Higher retention. Better patient care.
- 🎓 **Certificate of Completion Included!**
- 💡 **Train smarter. Lead stronger. Retain your best nurses.**

Click here for more information about our nurse training: <https://www.immersyvehealth.com>